



OAKFIELD

CHRISTMAS TIMETABLE

DATE	CLASS	INSTRUCTOR	STUDIO	TIME
15/12/2025	Vinyasa Yoga	Carol Wood	Dance studio	17:30
17/12/2025	Les Mills Core	Dave De Abreu	Dance studio	06:45
20/12/2025	Vinyasa Yoga	Carol Wood	Dance studio	09:30
22/12/2025	Vinyasa Yoga	Carol Wood	Dance studio	17:30
27/12/2025	Vinyasa Yoga	Carol Wood	Dance studio	09:30
29/12/2025	Vinyasa Yoga	Carol Wood	Dance studio	17:30
03/01/2026	Vinyasa Yoga	Carol Wood	Dance studio	09:30