



SEQ LEVEL 2

Teaching Swimming

QUALIFICATION SUMMARY

(QAN): 603/2574/4

Welcome to the SEQ Level 2 Teaching Swimming Qualification Summary

About Swim England Qualifications

We develop the country's leading qualifications for the swimming industry.

As the awarding organisation for the national governing body for swimming in England, we aim to ensure our qualifications are high quality and reflect the latest industry developments. Our qualifications are designed to:

- create a professional, high quality and diverse workforce
- provide a high ratio of practical poolside experience alongside essential theory and knowledge
- equip learners with real world know-how and skills for the next stage in their career development
- meet industry recognised standards and the needs of employers.

The full list of qualifications awarded by Swim England Qualifications can be found on the Ofqual Register of Regulated Qualifications: register.ofqual.gov.uk or via Qualification Wales: qiw.wales

Equal Opportunities

Swim England fully supports the principles of equal opportunities and is committed to satisfying these in all activities and published materials. A copy of our Equality and Diversity Policy is available on the Swim England Qualifications website.



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01 Introduction to the qualification

1.1 About this qualification

Qualification title:	SEQ Level 2 Teaching Swimming
Qualification number:	603/2574/4
Total qualification time:	63 (55 Guided Learning Hours (GLH))
Qualification level:	2

1.2 Purpose of the qualification

The qualification builds on the Level 1 qualification enabling learners to effectively plan, prepare, deliver and evaluate a series of swimming lessons independently.

It also gives them the confidence to support swimmers with special educational needs and disabilities (SEND).

1.3 CIMSPA professional standard endorsement

This qualification has been endorsed as meeting the requirements of the professional standard for the role of a swimming teacher. Holders of this qualification are eligible for CIMSPA affiliate membership.

CIMSPA (Chartered Institute for the Management of Sport and Physical Activity) have led the creation of the professional standard for a swimming teacher. The professional standard outlines the role and scope of a swimming teacher and the essential knowledge and skills that are needed to meet the sector minimum deployment standards.

1.4 Structure of the qualification

The SEQ Level 2 Teaching Swimming qualification consists of the following learning outcomes.

SEQ Level 2 Teaching Swimming	
Learning Outcomes	Content covering
1. Understand the legal and personal safety requirements of teaching swimming	<ul style="list-style-type: none"> • Legal requirements • Personal safety • Teaching from the poolside
2. Know the responsibilities of a Swimming Teacher	<ul style="list-style-type: none"> • Responsibilities of a Swimming Teacher
3. Understand the role of the Swimming Teacher in promoting aquatics	<ul style="list-style-type: none"> • Athlete Development Support Pathway in swimming • The importance of the FUNdamentals stage of the Athlete Development Support Pathway • Lifelong participation in aquatics • Swimming related products and services
4. Understand the scientific principles in swimming	<ul style="list-style-type: none"> • Scientific principles on participants in the water
5. Know the skills and strokes needed in swimming	<ul style="list-style-type: none"> • Core Aquatic Skills • Key features of the component parts of the four swimming strokes
6. Understand the types of equipment used for swimming lessons	<ul style="list-style-type: none"> • Types of equipment
7. Be able to plan for swimming teaching	<ul style="list-style-type: none"> • Produce six swimming lesson plans for different levels of ability • Produce two overviews for a series of lessons
8. Know about national curriculum swimming lessons	<ul style="list-style-type: none"> • Outcomes of national curriculum for swimming • How school swimming lessons differ to learn to swim lessons
9. Be able to teach swimming lessons	<ul style="list-style-type: none"> • Deliver six planned lessons to groups at different levels of ability
10. Be able to demonstrate lesson management skills	<ul style="list-style-type: none"> • Appropriate regard for safety including safeguarding • Appropriate behaviour management skills • Appropriate time management skills • Directing and supervising Swimming Assistants

11. Be able to demonstrate communication skills and customer service within the swimming teaching environment	<ul style="list-style-type: none"> • Verbal and non-verbal communication with participants • Verbal and non-verbal communication with Swimming Assistants • Verbal and non-verbal communication with responsible adults
12. Be able to use a variety of appropriate teaching methods to meet participant needs	<ul style="list-style-type: none"> • Needs of different participants • Teaching methods • Organisational methods
13. Be able to develop participants Core Aquatic Skills and swimming strokes	<ul style="list-style-type: none"> • Teach all of the Core Aquatic Skills to participants • Teach all of the swimming strokes to participants • Teach progressive practices/activities to participants • Implement suitable adaptations to teaching practices/activities • Identify common faults in Core Aquatic Skills • Identify common faults in swimming strokes • Implement correction methods for Core Aquatic Skills • Implement correction methods for swimming strokes
14. Be able to demonstrate motivational techniques	<ul style="list-style-type: none"> • Use a range of appropriate motivational techniques for participants
15. Understand participant assessment	<ul style="list-style-type: none"> • Describe how to assess participants against expected standards
16. Be able to assess participants	<ul style="list-style-type: none"> • Carry out accurate participant assessment
17. Be able to evaluate own performance	<ul style="list-style-type: none"> • Carry out self-evaluations of own performance
18. Be able to plan for professional development	<ul style="list-style-type: none"> • Produce an action plan to improve own performance

1.5 Entry requirements

Learners must:

- be 16 years of age or older on the first day of the course
- hold a SEQ Level 1 Swimming Assistant (Teaching) or a Swim England Level 1 Award in Teaching Aquatics or an equivalent Swim England qualification certificated after 1994.

1.6 Progression

Following completion of this qualification, you may wish to progress to the SEQ Level 2 Teaching Swimming to Babies and Toddlers qualification. You may also wish to take further qualifications within the swimming industry, and/or progress onto leadership and management qualifications within sport and leisure outside of this.

02 Assessment

2.1 Assessment methods

In order to achieve this qualification you must meet all of the learning outcomes.

Learning outcomes must be achieved by:

- theoretical questions (please note these questions will change during the life of the qualification)
- observation record
- action plan
- lesson plan
- evaluation
- overview of a series of lessons.

2.2 Grading

There is no grading criteria for this qualification, you will be awarded either a pass or refer.

2.3 Registration

Upon registration with Swim England Qualifications, you have 12 months to successfully complete a qualification. If an extension to your registration is required, please contact your Approved Training Centre. Please be aware, that each individual case will be viewed on its own merits.

03 Contact points

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